

# COVID 19 Response and Resources

## Snohomish County

### 3/23/2020

## General Information

### 211

All 2-1-1 call centers in Washington State are currently contracted with the Washington State Department of Health to help address the public's concerns regarding COVID-19. North Sound 2-1-1 is answering calls from Washington Department of Health's COVID-19 Information Line and 2-1-1. We are aware of the concerns that individuals are facing about their health, jobs, and day to day living. New resources that serve individuals affected by COVID-19 are developing rapidly and we remain committed to getting our callers connected to those services that may better their lives.

North Sound 2-1-1 toll free: [1-800-223-8145](tel:1-800-223-8145)

### Disaster Distress Helpline

Call us: 1-800-985-5990

Text: "TalkWithUs" to 66746

Visit: [disasterdistress.samhsa.gov](https://disasterdistress.samhsa.gov)

### COVID 19 Information

Washington State Department of Health - Coronavirus Information  
[\(800\) 525-0127](tel:8005250127)

## Unemployment

### WorkSource

Effective Wednesday, March 18<sup>th</sup>, WorkSource Snohomish County (Everett and Lynnwood) will be closed to the general public until further notice. This closure will begin with a 3-day effort to re-tool and organize staff around the delivery of virtual services. On Monday, March 23<sup>rd</sup>, services will resume virtually (phone, online, chat) and with limited exceptions to in-person, public access.

### Employment Security Department

If you are out of work, [Washington State's Employment Security Department](#) provides support services to individuals affected by COVID-19 in Washington.

The Employment Security Department has adopted a series of emergency rules to relieve the burden of temporary layoffs, isolation and quarantine for workers and businesses.

### **Bartender Emergency Assistance Program**

[https://www.usbgfoundation.org/beap?fbclid=IwAR213a6qlpy-faN-YXyWjDm6vPVgynfkt\\_rL-Mj3ZyVMLuL9WDQTDgRApAs](https://www.usbgfoundation.org/beap?fbclid=IwAR213a6qlpy-faN-YXyWjDm6vPVgynfkt_rL-Mj3ZyVMLuL9WDQTDgRApAs)

### **Resources for Restaurant Workers**

[https://www.restaurantworkerscf.org/news/2020/3/15/resources-for-restaurants-and-workers-coping-with-the-covid-19-emergency?fbclid=IwAR0u\\_d7Y\\_ctoZd9xThDJ3aHhM8ALdLx-w\\_gNy\\_F5\\_bLBMI-5t-ljzLvjAxY](https://www.restaurantworkerscf.org/news/2020/3/15/resources-for-restaurants-and-workers-coping-with-the-covid-19-emergency?fbclid=IwAR0u_d7Y_ctoZd9xThDJ3aHhM8ALdLx-w_gNy_F5_bLBMI-5t-ljzLvjAxY)

### **General Information for workers impacted by Coronavirus**

<https://www.knkn.org/post/what-are-unemployment-benefits-available-if-im-impacted-coronavirus>

### **Frequently Asked Questions (FAQ)**

Q. What if I need to take time off work because I contract COVID-19?

A. The first and best option for employees who need to miss work due to illness is to use their employer-paid time off. Labor and Industries has [information about Paid Sick Leave](#). When this leave is not available, [Paid Family & Medical Leave](#) may be available to help.

Q. My employer has shut down operations temporarily because an employee is sick and we have been asked to isolate or quarantine as a result of COVID-19. Am I eligible for unemployment benefits?

A. If you are not receiving payment from your employer, such as paid sick leave or paid time off, you may be eligible for unemployment benefits and may qualify for standby during this time. Eligibility decisions are made on a case-by-case basis. Basic eligibility requirements for a claim can be found [here](#).

Q. I am still confused about what benefits and programs may be available to individuals who are financially affected by COVID-19.

A. This [easy-to-read reference guide](#) provides a simple list of many scenarios related to COVID-19 and the benefits that may apply.

## **Employment**

### **Businesses that are hiring during COVID-19:**

<https://blog.aboutamazon.com/operations/amazon-opening-100000-new-roles>

<https://jobs.kroger.com/qfc/go/QFC/571500/#job-table>

<https://careers.walmart.com/>

# Shelter

## **Snohomish County**

Cold Weather Shelters: <https://www.snohd.org/471/Cold-Weather-Shelters>

## **CDC Interim Guide for Homeless Shelters:**

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html>

## **Department of Commerce Quick Tips for What Shelters & Other Homeless Programs Need to Know:**

<https://www.commerce.wa.gov/wp-content/uploads/2020/03/Tips-for-Homeless-Service-Providers-COVID-19.pdf>

## **Washington State Department of Health Recommendations for Homeless Shelter Facilities during a COVID-19 Outbreak:**

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/13-RecommendationsforHomelessShelters.pdf>

## **COVID Sanitation and Hygiene Webinar for Homeless Service Providers (Public Health Seattle and King County):**

<https://www.youtube.com/watch?v=l8hqdcT5isQ&feature=youtu.be>

# Rental Assistance

Volunteers of America Western Washington <https://www.voaww.org/> offers resources and services in times of need; including programs designed to prevent homelessness and assistance in negotiating payment arrangements with landlords.

## **Q. I have received a pay-or-vacate notice.**

**A.** Please contact 211 to screen for Homelessness Prevention services. Note: eligibility criteria applies to receive this service. When Homelessness Prevention doesn't fit for you, consider Landlord-Tenant negotiation during this challenging time.

VOAWW Homelessness Prevention 211 or [\(800\) 223-8156](tel:8002238156)

## **Q. I am facing eviction but have not contacted my landlord. I am fearful to do so.**

**A.** Please contact Joseph Harter at VOAWW for more information and assistance in connecting with your Landlord and discovering options.

Joseph Harter

(425) 212-2956

[gharter@voaww.org](mailto:gharter@voaww.org)

# Trouble Paying Your Mortgage

If you do not have enough money in savings to cover your mortgage payment or rent, **contact your lender or landlord immediately**. Don't wait until you're behind on payments. Lenders may work with you to waive late fees, set up a repayment plan or offer loan forbearance.

You can also contact the Washington Homeownership Hotline at [1.877.894.HOME](tel:1877894HOME) for more information and assistance.

# Food Security

## **Safeway and Albertson's Special Hours:**

Tuesdays and Thursdays from 7 a.m. to 9 a.m. for senior citizens, pregnant women and those with compromised immune systems.

<https://www.safeway.com/steps-we-are-taking-at-your-grocery-store.html>

## **Food boxes for justice involved households:**

<https://mailchi.mp/01dfef9be358/episode-1-2-of-psfs-new-podcast-our-social-impact-4817033?e=abaa407cde>

## **WIC**

WIC clinics in Snohomish County are providing services and issue benefits over the phone, rather than in-person. For families who may be interested in applying for WIC, they can search for the nearest clinic using [www.parenthelp123.org](http://www.parenthelp123.org) or calling the Help Me Grow WA Hotline at [1-800-322-2588](tel:18003222588).

## **Local Food Banks**

For a list of food banks across Snohomish County, please refer to Attachment 1, "Snohomish County Food Banks".

# Utility Assistance

## **Energy Assistance**

Energy Assistance is still accepting applications. Customers are being asked to call 425-388-3880 to schedule a phone appointment. Appointments are being scheduled for mid-April going forward. Please call the Energy Line at [425-388-3880](tel:4253883880) between the hours of 8:30 a.m. and 12:00 p.m., or between 1:00 p.m. and 4:00 p.m., Monday through Friday and on Wednesday at 9:15 a.m. and 12:00 p.m. or between 1:00 p.m. and 4:00 p.m.

## **City of Everett Water Service**

Catholic Community Services (CCS) administers an, "Everett Water Utilities" program. If people are on Everett Water and get shut off notices, CCS has program that may be able to help. A shut off notice will be required to determine eligibility. Please call [\(425\) 257-2111](tel:4252572111) for more information.

### **Puget Sound Energy**

PSE will **not be disconnecting customers** during this time.

PSE received approval from the Washington Utilities and Transportation Commission for a waiver that allows PSE to **waive late fees**.

PSE will work with our customers on options such as [payment plans](#) and [choosing a new bill due date](#).

PSE launched a new [energy assistance portal](#) to improve access to funds available to low income customers.

## Health Care

### **Medical Insurance**

Washington Health Benefit Exchange (Exchange) today is reminding Washingtonians who have seen a change in income to visit [Washington Healthplanfinder.org](http://WashingtonHealthplanfinder.org) or *WAPlanfinder app* to see if they could qualify for additional savings on their premiums as well as be eligible for free or low-cost coverage through Washington Apple Health.

### **Emergency prescription refills**

An initial supply of up to thirty days of current prescriptions for legend drug (noncontrolled) medications or seven-day supply of current prescriptions for controlled substance medications in Schedules III, IV, and V may be provided to patients under the following conditions found [here](#).

### **Multi-Care – FREE e-visits for those with Covid-19 symptoms**

<https://www.multicare.org/virtualcare/>

### **Everett Clinic**

Overview of where to go for Coronavirus testing and other medical advice

[https://everettclinic.com/sites/default/files/covid-wic-where-to-go\\_1.pdf](https://everettclinic.com/sites/default/files/covid-wic-where-to-go_1.pdf)

## Emotional Health

### **Centers for Disease Control and Prevention**

<https://emergency.cdc.gov/coping/selfcare.asp>

<https://www.cdc.gov/childrenindisasters/helping-children-cope.html>

[https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fcoping.html](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fcoping.html)

# Parks

## **Meadowdale Park**

<https://snohomishcountywa.gov/Facilities/Facility/Details/Meadowdale-Beach-Park-56>

A circuit course is available at Meadowdale park. Currently, there are only a few pieces, but offers a good option for physical activity. The course is located on the trail going down the gulch, which is a good workout, in and of itself.

# Education

[This resource lists education companies offering free subscriptions](#) due to school closures

## **Sno-Isle Libraries are closed.**

Any holds on checked out materials will be renewed

Libraries are expanding online access

<https://www.sno-isle.org/>

## **Virtual Museum Tours**

[https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR37YRRI\\_UJAYKFDtXMc0ceylRiNHlx8jn7hO9ap7tPsRgjT76ZEbzc7uQ0](https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR37YRRI_UJAYKFDtXMc0ceylRiNHlx8jn7hO9ap7tPsRgjT76ZEbzc7uQ0)

# Connectivity

## **Internet Service**

Comcast is offering new Internet Essentials customers 2 free months of internet service to help connect low-income families to the internet during this time.

After the two free months, you can cancel the service, or continue and make payments.

[https://www.internetessentials.com/covid19?fbclid=IwAR2NN4E1hhkWQITf9HpXgDjawBzslWebTHaFCpJxupSXY\\_0S\\_lhuDSeDHll](https://www.internetessentials.com/covid19?fbclid=IwAR2NN4E1hhkWQITf9HpXgDjawBzslWebTHaFCpJxupSXY_0S_lhuDSeDHll)

## **Cell Service**

Individuals enrolled with Medicaid can access a free cell phone. Here is the link to CHPW's Member Center Page regarding the [Free Cell Phone](#) program.

## **Discounted laptops for nonprofits and low-income households**

<https://store.3rtechnology.com/tap.html>

All computers come loaded with Windows 10 Professional and Office 2010 (with Word, Excel, Outlook, PowerPoint). Only non-profits or low-income individuals that qualify are eligible to receive these low-cost systems. Individuals must provide proof of income (standard documents such as EBT, Medicaid or SSD cards for example) and identification to purchase a computer.

Nonprofits must upload their EIN document and number.

There are three types of laptops: Starter, Standard and Performance, and prices begin as low as \$119. Ordering is simple - just select "Low Income" or "Nonprofit Organization" from "Customer Group" when creating your account, and upload your supporting documents.

# Pro-Social/Sober Support

## **Alcoholics Anonymous**

<https://www.aaonlinemeeting.net/>

## **Narcotics Anonymous**

<https://virtual-na.org/>

## **Unity Recovery**

<https://unityrecovery.zoom.us/j/2656499375?status=success>

## **Suboxone Forum**

<https://www.suboxforum.com/>

## **Support Groups Central**

<https://www.supportgroupscentral.com/>

## **LifeRing Secular Recovery**

<https://www.lifering.org/online-meetings>

## **SOS**

<http://www.sossobriety.org/on-line-groups>

## **In the Rooms**

<https://www.intherooms.com/home/category/community-and-meetings/>

## **Medication Assisted Recovery (MARA)**

<https://www.mara-international.org/web-based-mara>

# Multi-Lingual Information

## Fact Sheets/Posters in different languages

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FactSheet>

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

<https://www.cdc.gov/coronavirus/2019-ncov/faq-sp.html>

<https://www.snohd.org/501/Posters-for-Download>

<https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Spanish-Plain-Language-Information-on-Coronavirus.pdf>

# Attachment 1

## Snohomish County Food Banks

### **Arlington Food Bank**

19118 63<sup>rd</sup> Ave Ne, Arlington, WA 98223

(360) 435-1631

Monday & Friday 11:30-1pm, Wednesday 5:30-7pm

Everyone welcome, no proof needed

### **Concern for Neighbors**

4700 228th St SW, Mountlake Terrace, WA 98043

(425) 778-7227

Every Tuesday 9:30-11:30am

Proof of residency within mapped area with a photo ID and utility bill

Additional people 18+ photo ID, children; birth certificate/school ID/current school records  
(photo on phone is acceptable)

Homeless: 1<sup>st</sup> time serve (photo ID needed for next)

Not living in area, will serve and referral

### **Crossview Church**

604 Ave C East

Snohomish, WA 98290

360-568-5886

Every Monday 10:30am- 11:00

1<sup>st</sup> time visit; fill out form.

### **Edmonds Food Bank/ Edmonds Senior Food Bank**

828 Caspers Street Edmonds, WA 98020

425.778.2119

Follows Edmonds School District Open/Closed policy.

Monday 4-5:30pm

Tuesday 9:30

### **Edmonds Westgate Chapel Food Bank**

22901 Edmonds Way

Edmonds, WA 98020

Thursday 11:00am – 2:00pm

First visit, bring WA state ID and proof of billing address

Emergency Bag Monday – Thursday 9:00am – 5:00pm



**Everett Gospel Mission & Day Center**

3711 Smith Ave Everett, WA 98201  
Box Food Tuesday and Thursday 1:30-3:00

**Everett United Church of Christ**

17310 W Main St  
Monroe, WA 98272  
360-794-9849  
Last two Mondays of the month from 9:30am-12:30 pm

**The Father's House/Granite Falls Food Bank**

402 S Granite Ave.  
Granite Falls, WA 98252  
360.691.5290  
1st and 3rd Fridays of each month from 4:30pm-6:30pm

**Foothills Four Square Church**

17310 W Main St  
Monroe, WA 98272  
360-794-9849  
Every Saturday at 10am

**Lake Stevens Food Bank**

2111 117th Ave NE  
Lake Stevens, WA 98258  
(425) 334-3430  
Thursday 11:30-6pm  
Proof of residency in 98258 zip code with Photo ID  
Homeless (no ID) will serve

**Lynnwood Food Bank**

5320 176th St SW, Lynnwood, WA 98037  
(425) 745-1635  
Wednesdays (every other Wednesday): seniors 2-2:30, 2:30-6:15pm  
Additional people 18+ photo ID, children; birth certificate/current school records/school ID/medical card  
Homeless (and/or no ID) separate program: receive a non-cook bag

**Maltby Food Bank**

21104 86th Ave SE, Snohomish, WA 98296  
Thursday 2:15-4:45pm  
Follow Monroe School District's open/close policy.

**Marysville Food Bank**

4150 88th St NE

Marysville, WA 98270

360-658-1054

Monday 9:00-11:00am for seniors 62+ & disabled clients only

Tuesday 3:00-6:30pm (3:00-6:30pm the last Tuesday each month)

Friday 9:00-11:00am

Proof of residency in 98270, 98271 & 98259 with ID and utility bill.

Additional people 18+ photo ID, children; birth certificate/current school records/school ID/medical card

**Meals on Wheels**

425-347-1229

800-824-2183

Age 60 or older (younger people may qualify if all other criteria are met)

**Mukilteo Food Bank**

4514 84th St SW

Mukilteo, WA 98275

425-366-8229

Reside within the Mukilteo School District

Mondays 3-5:00pm

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 9-10:30am

**Salvation Army Family**

2525 Rucker Ave, Everett WA 98201

(425) 259-8129

Monday & Friday 10:00am-1:00pm

Tuesday, Wednesday, Thursday 10:00am-4:30pm

ID every time, proof of residency (annually), children; name and birthdays

Homeless (and/or no ID) receive a non-cook bag

**Seed of Grace – Allen Creek Community Church**

7302 44th Ave NE Suite B-2 Marysville, WA 98270

360-659-7335 ext. 212

Wednesdays between 1-2pm by appointment, inside our AC3 office.

**Sky Valley**

233 Sky River Parkway

Monroe, Washington 98272

Phone: (360) 794-7959

Monday and Friday 9:00–11:30am, Wednesday 4:00–6:30pm

Application on first visit with Proof of ID and address; Homeless (no ID) will still be served

**Sky Valley Mobile Food Bank**

Index Community Church  
622 Index Ave, Index, WA 98256  
Monday afternoons from 12:00 to 12:30

**Snohomish County Food Bank**

1330 Ferguson Park Road  
Snohomish, WA 98290  
Tuesdays 3:00 pm – 6:00 pm  
Fridays 10:00 am – 1:00 pm  
Provide ID and a utility or other bill with your address at time of service

**Sultan Food Bank**

617 1<sup>st</sup> Street  
Sultan, WA 98294  
Thursdays 5:00 pm – 7:00 pm  
Fridays 9:30 am – 12:00 pm  
Seeking donations as much as possible. With the increased demand on grocery stores, our grocery pickups have declined drastically. Looking for other staples like rice, pasta, canned goods and bread during this time.

**WIC (Women/Infants/Children) Nutrition program**

3020 Rucker Avenue	6101 200th SW
Suite 100	Suite 100
Everett, WA 98201	Lynwood, WA 98036
425-252-5303	425-258-8400